

# Valerie

Nanny, Maternity nanny, Governess



## Personal Information

Birthdate	1966
Zodiac sign	Virgo
Nationality	– France
Marital status, own children	Single, has children (Both of my daughters are adults)
Place of Birth	France, Vincennes
Location	France
Driving License	Yes
Have a car	No
Sports	– Swimming
Hobbies	– Theatre & Acting – Travelling – Cooking – Dancing & Choreography – Danse latines Flamenco Randonnée
Areas of interests	– Animals – Art – Films – Galleries and museums – Healthy lifestyle – Learning about cultures – Literature – Meeting new people – Nature
About myself	Reliable, efficient and caring with expertise in activity planning, maintaining safety

	and improving behaviour. Good knowledge of children's needs and behaviours. Committed to providing quality education and tutoring.
The age of the children you are ready to work with	<ul style="list-style-type: none"> <li>– Newborn (0-1 years old)</li> <li>– Kids (1-3 years old)</li> <li>– Preschoolers (4-6 years old)</li> <li>– Junior school (7-10 years old)</li> </ul>
Accommodation	<ul style="list-style-type: none"> <li>– I am ready to live on the territory of the employer</li> </ul>

## Education

1986 - 1988	Diploma of General Higher Education: English / German / Spanish, , University   Dijon, France ,
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## Certificates

	<ul style="list-style-type: none"> <li>– First Aid Certificate</li> </ul>
	<ul style="list-style-type: none"> <li>– Reed Academy   London Diploma in Child Care &amp; Development - Distinction</li> </ul>
	<ul style="list-style-type: none"> <li>– Reed Academy   London Diploma in Children Mental Health - Distinction</li> </ul>
	<ul style="list-style-type: none"> <li>– Reed Academy   London Diploma in Baby Care - Distinction</li> </ul>
	<ul style="list-style-type: none"> <li>– Reed Academy   London Diploma in Nannyng and Childcare - Distinction</li> </ul>
	<ul style="list-style-type: none"> <li>– Chamber of Commerce and Industry   Auxerre, France European certificate general &amp; commercial English</li> </ul>
31.12.2025	<ul style="list-style-type: none"> <li>– Perinatal of well-being Consultant</li> </ul>

## Working experience

**January 2026**

**Vincennes, Val-de-Marne**

**Nanny**

**French Family**

My role includes	<ul style="list-style-type: none"> <li>• G4 month</li> <li>• Temporary position (5 weeks)</li> </ul> <p>Providing full daily care including feeding, changing, sleep routines, and hygiene.</p> <ul style="list-style-type: none"> <li>• Supporting the baby's emotional security and developmental needs through age-appropriate stimulation and gentle routines.</li> <li>• Ensuring a safe, nurturing, and well-organised environment.</li> </ul> <p>Offering guidance and postnatal support to the mother, with clear daily communication and follow-up</p>
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## August 2025

### Nanny

#### French Family

##### My role includes

- B 5 month
- Temporary position. 2 weeks. (replacement)
- All nanny duties for the baby.
- Encouraging good feeding and sleeping habits.
- Helping to establish a gentle routine in line with the baby's natural development.
- Maintaining a clean and organised nursery environment.
- Ensuring the baby's wellbeing and safety at all times.
- Light nursery duties (laundry, tidying play areas, organising toys)

## February - March 2025

### Rosières près Troyes

### Nanny

#### French Family

##### My role includes

- B8 - G4 - B-Newborn
  - Temporary position. 5 weeks.
- Assumed total responsibility of home during parents' absence demonstrating trustworthiness.
- Assisted with homework, enhancing understanding of school subjects.
  - Maintained a safe and healthy environment for children by adhering to hygiene standards and safety procedures.
  - Facilitated fun learning activities for older siblings to promote positive interactions with newborns.
  - Prepared nutritious meals catering specifically for dietary needs of lactating mothers.
  - Guided parents on proper breastfeeding techniques and bottle-feeding when required.
  - Offered emotional support to families during postnatal period, reducing stress and enhancing bonding experience with baby

## March 2018 - November 2023

### Krakow, Poland

#### Governess to 2 children: 3 y.o. Girl and 5 y.o. Girl

#### Polish UHNW Family

##### My role includes

Rota 1 month on/ 1 month off

	<p>Tutoring French through play time and Montessori method. Focusing on French pronunciation, sounds and comprehension. Reading and creating activities around French culture. Writing and reading in French. Planning the children's daily routine in accordance with their rhythm and development.</p>
Reason for leaving	The children grew up and I had another project.

## June - August 2017

France, Cannes

Governess to 2 children: 18 month Girl and 3 y.o. Boy

Russian UHNW Family

My role includes	<p>Monday Saturday 8.00am to 9.30pm In charge of the children daily routine inside as well as outside the household. Constant communication with the household staff. Exclusive communication in French to accustom children to a new language. Planning days including outings, games and playdates. Ensure the safety and well-being of the children.</p>
Reason for leaving	3 month fixed-term contract.

## January - April 2017

Paris, France

Governess to 2 children: 14 month Boy and 28 month Boy

French Family

My role includes	<p>Full time 24/6 Full charge of 2 children returning from abroad. In charge of children's schedules, meals, doctor appointments... Organization and support for the family's return to the UK.</p>
Reason for leaving	4 month fixed-term contract.

## February - December 2016

Cologne, Germany, Europe

Governess to one child: 8 y.o. Girl

German Family

My role includes	Rota 15 days on - 15 days off
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	<p>Full family support for the every day life. In charge of scheduling school and family days. Tutoring French. Travels with the family to Spain, Belgium and the UK.</p>
Reason for leaving	End of contract

### September 2012 - June 2016

Auxerre, France

Tutor/Teacher

**After school lessons - French families.**

My role includes	<p>Group of 3 to 5 students. Help with homeworks 4 evenings/week (Year 7 - Year 10) Private tutoring. Fullfilled additional teaching assistance duties, providing individual tutoring, help with homework and exam support.</p>
Reason for leaving	I was on a rota job 15 days/ 15 days with a German Family.

### September 2012 - June 2016

Auxerre, France.

Tutor/Teacher

**After school lessons - French families.**

My role includes	<p>Group of 3 to 5 students. Help with homeworks 4 evenings/week (Year 7 - Year 10) Private tutoring. Fullfilled additional teaching assistance duties, providing individual tutoring, help with homework and exam support.</p>
Reason for leaving	I was on a rota job 15 days/ 15 days with a German Family.

### October 2009 - June 2010

Vincelles, Yonne - France.

Tutor/Teacher

**English teaching Assistant Primary School**

My role includes	<p>Year 3 and Year 4 Prepared classrooms with resources and equipment for smooth class delivery. English lessons with the agreement of the Academic Inspection.</p>
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Reason for leaving	End of the school year.
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## Health

Smoker	No
Epileptic	No
Diabetic	No
Colour blind	No
Dyslexic	No
Vegetarian	No
Have you had a medical exam within the last 6 months?	Yes
Allergies	No

## Additional information

Personal characteristics	Responsible, punctual, reliable, creative, active, positive, experienced, loyal, patient, easygoing
Key skills	Understanding and experience with many age groups. Behavior management techniques. Raising up bilingual children experience. A positive role model. Ability to adapt to all kind of situations quickly. Ability to work using your own initiative, taking on extra responsibility. Excellent communication and people skills at all levels. Language teaching experience. Exam preparation experience . Newborn experience. Toddler experience. Russian family experience. High profile family experience. 24/7 full time working experience
Are you ready to take a polygraph if it's required by employer?	Yes
French	Native
English	C1 - Advanced
Spanish	A1 - Beginner
ID	24732

**Excellent references available on request**