

Meriem

Governess, Nanny, Maternity Nanny



Personal Information

Birthdate	1994
Zodiac sign	Taurus
Nationality	— Spain
Marital status, own children	Single, no children
Place of Birth	Morocco
Location	UK, London
Driving License	No
Have a car	No
About myself	My name is Meriem. I have more than 10 years of experience. I come with excellent references and have been working as a nanny ever since I completed my Bachelor's degree in Education. I am very patient with children and love helping them learn while also having fun. Safety is my utmost concern and I carefully monitor children when I take them on outings to the park or to museums. I understand good nutritional choices and I carefully prepare meals that are healthy for kids but that they also love to eat. I have had terrific relationships with all of the families and kids with whom I've worked. Once we meet, I know you will most likely offer me the nanny position. I can't wait to meet your family and your children. Sincerely, Meriem

Education

2014 - 2017	Spanish Teacher, University of Huelva, Spain
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Certificates

	— CACHE
30.01.2022	— Healthcare - CPR / AED

Working experience

April 2023 - till now

Rota nanny to 2 children: 9 months Girl and 8 y.o. Girl

Private Family

My role includes

Provide attentive and compassionate care for 2 children (ages 9 months, and 8), ensuring their safety, well-being, and happiness.

Create stimulating sensory and play activities tailored to the infant's developmental stage, including tummy time, reading, and music-based play.

Support weaning, bottle feeding, and transitioning to solid foods while adhering to dietary preferences.

Accompany children to school, extracurricular activities, and appointments, ensuring punctuality and safety.

Manage sleep schedules and routines for the baby, promoting healthy sleep habits.

January - December 2023

Rota nanny to 2 children: 9 months Boy and 3 y.o. Girl

UHNW Family

My role includes

Assisted with daily care, nurturing, and play. Played sports, including tennis and swimming

Coordinated daily activities and scheduling. Cooked nutritious meals. Received weekly commendations for meal quality

Tutoring children in french and Spanish, focusing in the language development

Travelling internationally, helping packing and unpacking while travelling

January - August 2023

Saudi Arabia

Governess/ Private tutor to one child: 3 years Girl

HNW Family

My role includes

Assisted with daily care, nurturing, and play. Played sports, including tennis and swimming.

Coordinated daily activities and scheduling. Cooked nutritious meals. Received weekly commendations for meal quality.

Tutored child in French and Spanish.

Reason for leaving

Temporary position

November 2021 - January 2023

UK, London

Governess / Tutor to 2 children: 3 months Boy and 3 years Boy

UHNW Family

My role includes

- Arranging appointments (eg. doctor check-ups and vaccinations & record keeping, haircuts, extracurricular activities etc).
- The oldest one was recently diagnosed with ADHD and mild autism. Plan and lead educational activities including reading and assisting with homework.
- Organised and played sports with children daily, ensuring regular physical activity and easy bedtimes at end-of-day.
- Prepared and served nutritious meals with organic, locally sourced ingredients. Observed food safety for 3 year old's peanuts allergy.
- Handled light cleaning and laundry, saving 15 parent hours per week.

Reason for leaving A nanny with medical education was needed

March - December 2022

UK, London

24h Weekend Nanny to 2 children: 3 months Girl and 3 years Girl

Job in a family

My role includes

- Taking eldest to fun activities.
- Help mum with newborn duties and night feeds.
- Settle the baby to sleep.
- Giving help and advice on getting the baby into a sleep routine.

April 2020 - November 2021

UK, London

Rota Nanny to one child: 8 months Boy

Private Family

My role includes

- Exclusively cared for an 8-month-old baby on a 2-week rota schedule, supporting the baby's growth and well-being.
- Designed a comprehensive care plan to meet developmental milestones, including introducing baby-led weaning and early literacy activities.
- Monitored and recorded daily routines, including feedings, naps, and milestones, to provide detailed updates to the parents.
- Organized international travel, ensuring all baby-related items were packed and ready for seamless transitions.
- Maintained a safe and nurturing environment while introducing

interactive play and learning.

October 2018 - April 2020

UK, London

Spanish Tutor

Freelance job

My role includes	Helping students improve their Spanish reading, writing, comprehension, and conversation skills. Assisting students with homework, projects, test preparation, papers, research and other academic tasks Working with students to help them understand key concepts, especially those learned in the classroom.
Reason for leaving	Covid

September 2018 - March 2020

UK, London

Nanny to 3 children: 18 months Boy, 3 years Girl and 9 years Boy

Job in a family

My role includes	Ensuring the children were happy and cared for throughout the day. Planning the day's activities, play dates, trips out, activities. Providing 3 health and balanced meals and snacks. Full nursery duties, to include laundry and cleaning areas used by the children. Taking the children to and from Nursery and School. Supporting the school's curriculum through activities at home (reading, writing, counting). Keeping the parents fully informed of the children's care. Working late when required to support the parents work schedules.
Reason for leaving	Covid

September 2015 - August 2018

UK, London

Governess to 2 children: 6 years Girl and 9 years Girl

UHNW Family

My role includes	Preparing the children for school, ensuring their bags are prepped
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	Create a stimulating, nurturing, and safe environment for the children to grow and thrive Assist the children with their homework, school projects, reading assignments and studying afterschool Prepare nutritious meals for the children Performed light housekeeping and PA duties such as: running errands, arranging household grocery orders and purchases, organising household repairs, planning and booking holiday itineraries and managing household account
Reason for leaving	The girls have grown up and become more independent

December 2014 - August 2015

UK, London

SEN Nanny to 3 children: 1 years Boy, 3 years Boy and 5 years Boy

Job in a family

My role includes	The oldest child has ADHD and mild autism Redirected child using Positive Behaviour Support (PBS) Communicated non-verbal with child to provide them with comfort, encouragement and positive enforcement Helping children cope with transition through play, therapeutic techniques, and guidance from parents and Doctors Monitoring the child's behavior to identify any signs of distress or in need of attention from parents Created age-appropriate activities for the children that included putting on plays that they wrote, creating art projects, visiting local museums, and spending the afternoon at the park Assist the children with their homework, school projects, reading assignments, and studying after school Support with weaning and Potty training as well as implementing routines Planning and booking holiday itineraries and managing household accounts as well as travelling with the family (USA, Dubai)
Reason for leaving	Moving of the family

January - November 2014

UK, London

Au Pair / Nanny to 3 children: newborn Girl, 3 years Boy and 6 years Boy

Job in a family

My role includes	Taking children to school and bringing them back. Cooking meals, snacks and refreshments for the children. Organizing games for the children and playing with them. Potty-training.
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	Washing and laundry duties, including ironing the children's clothes. Provide personal care services to infants such as diapering and bathing. Prepare formula for babies according to instructions provided by parents
Reason for leaving	Temporary position

Health

Smoker	No
Epileptic	No
Diabetic	No
Colour blind	No
Dyslexic	No
Vegetarian	No
Have you had a medical exam within the last 6 months?	Yes
Allergies	No

Additional information

Personal characteristics	Responsible, punctual, reliable, creative, active, positive, qualified, experienced, loyal, patient, easygoing
Key skills	Behavior management techniques. A positive role model. Language teaching experience. Newborn experience. Twin / Multiple kids experience. Special needs experience. High profile family experience. Knowledge of special diets and allergies
Are you ready to take a polygraph if it's required by employer?	Yes
Spanish	Native
Arabic	Native
English	C2 - Fluent
French	C2 - Fluent
ID	20232

Excellent references available on request