

Lynne

Nanny



Personal Information

Birthdate	1979
Zodiac sign	Taurus
Nationality	– UK
Marital status, own children	Single, no children
Place of Birth	United Kingdom of Great Britain & Northern Ireland, England
Location	UK, Ascot
Driving License	No
Have a car	No
Sports	– Outdoor activities
Areas of interests	– Healthy lifestyle
About myself	<p>I possess a wealth of experience in caring for children, across many different disciplines. I am a confident and highly self-motivated person with a passion for helping children. I have helped children of all age groups and abilities, whether it be in a psychological or physical role, to enrich their lives.</p> <p>I am both approachable and personable and find it easy to communicate with children. I am able to easily create a rapport that supports children's needs. I have an all-round, holistic approach to life, with a desire to impart compassionate care and knowledge to help children achieve the best outcomes.</p> <p>I am experienced with all types of children with physical issues, as well as helping children with learning difficulties. My aim is always to enrich and motivate people.</p>

Education

1998 - 2001	BCs Human Biosciences , University of Plymouth , United Kingdom of Great Britain & Northern Ireland, Plympton
2001 - 2002	Post Graduate Certificate in Education , The College of St Mark and St John Plymouth, United Kingdom of Great Britain & Northern Ireland, Plymouth

Certificates

Other Certificates	<p>BTEC Clinical Sports and Remedial Massage Therapy</p> <p>Diploma in Reflexology (Complimentary Holistic Therapies)</p> <p>Yearly CPD Reflexology with Touchpoint</p> <p>Diploma in Personal Training</p> <p>Diploma in Reiki (Complimentary Holistic Therapies)</p>
--------------------	--

Working experience

January 2025 - till now	
UK, London	
The massage therapist	
Families	
My role includes	<p>Providing massages to patients for a variety of lengths. Using various massage techniques to manipulate muscles and soft tissue to treat chronic pain and injuries. Listening and explaining various aspects of medical massage to patients.</p>

January - December 2024	
UK, London	
Nanny to 2 children: 10 years old Girl and 12 years old Girl	
Family	
My role includes	<p>I worked as a live-in nanny for 2 girls. My duties included planning and preparing age-appropriate healthy meals for two girls aged 10 & 12, being responsible for their daily routines and managing their schedules.</p>
Reason for leaving	<p>Temporary job</p>

September 2018 - December 2024	
UK	
Therapist	
Families	
My role includes	<p>Whilst caring for my mother and providing full time care for a young man with very limited mobility (following an accident) I developed a desire to care for others. I developed an Holistic and Massage Therapy practice to serve an age range from teenagers to the elderly (current eldest client 93). I have worked in a variety of settings, from client's homes, schools and clinics; and am comfortable in all situations.</p> <p>I have worked in care homes applying my services. The emphasis was on providing massage and reflexology to elderly patients with chronic disabilities and mobility issues, as well as serving their general needs and welfare.</p> <p>I am comfortable with providing all forms of care in all settings including general care, cleaning, cooking and personal attention.</p>

August 2016 - August 2020

UK

Teacher

Harmony Alternative Education Ltd

My role includes	<p>Harmony Alternative Education specialised in providing developed services to accommodate the changing needs of all pupils from 8-16, by providing weekly reflexology sessions to help with all behavioural, physical, mental and personal issues.</p> <p>During which time I helped develop and provide opportunities to make learning accessible for children and young people with a wide range of behavioural and learning needs. This led to working with others to provide bespoke Science lessons to meet individual child learning requirements, within safeguarding regulations.</p>
------------------	---

September 2016 - July 2018

UK

Teacher

Schools

My role includes	Daily, termly and long term Science supply teaching, within a variety of schools, within Hampshire, Berkshire and Surrey counties.
------------------	--

July 2008 - July 2011

UK

Pre-School Support Teacher for Children with Learning Difficulties

Reading Borough Council

My role includes	<p>Develop bespoke treatment plans derived from individual child requirements.</p> <p>Working independently to manage own caseload including home visits.</p> <p>Working and liaising within a Multi-Agency team to create individual educational plans (IEP's).</p> <p>Working within safeguarding regulations.</p> <p>Proactively feeding back insight from and improvement suggests gleaned from 'front line' position.</p> <p>Maintaining client information within data protection legislation.</p>
------------------	--

September 2006 - June 2008

UK

Secondary School Science Teacher

St John The Baptist High School

My role includes

Teacher of Biology, Physics and Chemistry at Key Stage 3 and 4 and A-level Biology to 16+.

Used the latest innovative teaching technologies to aid students learning in a leading edge school voted outstanding by Ofsted Nov 2007.

Held my own tutor group which involved providing support and organisation for 30 pupils.

Provided Lesson Plans and Key Stage Learning Supported Paperwork.

July 2004 - July 2005

Teacher

Schools

My role includes

Travelled extensively throughout New Zealand and gained an insight into the Maori culture.

Supply Teacher in various schools teaching the sciences to children aged 11 to 18 within the New Zealand education system.

April to September 2005 worked as a Teacher/Presenter with the National Technology & Sciences

Roadshow, a Government funded project promoting science to Key Stage 3 children.

Set up and worked with children on various exhibits and interactive learning displays.

September 2002 - June 2004

UK

Secondary School Science Teacher

Collingwood College

My role includes

Teacher of Biology, Physics and Chemistry at Key Stage 3 and Key Stage 4.

Teacher of Biology plus GNVQ Leisure and Tourism (including Fitness) to 16+.

Integrated a high level of differentiation into lessons to ensure all children, including those with special educational needs, received a good grounding and achieved success in the sciences.

Worked in close liaison with the head teacher and colleagues and contributed to activities

Contributing to the whole school curriculum, throughout the school year

Health

Smoker	No
Epileptic	No
Diabetic	No
Colour blind	No
Dyslexic	No
Vegetarian	No
Have you had a medical exam within the last 6 months?	Yes
Allergies	No

Additional information

Personal characteristics	Responsible, punctual, reliable, creative, active, positive, qualified, experienced, loyal, patient, easygoing, bubbly
Key skills	A positive role model. Ability to adapt to all kind of situations quickly. Ability to work under pressure or stressful conditions. Ability to work using your own initiative, taking on extra responsibility. Excellent communication and people skills at all levels. Toddler experience. Special needs experience. High profile family experience. 24/7 full time working experience
English	Native
French	Fluent
ID	27923

Excellent references available on request