

Anabel (Bella)

Nanny, maternity nurse

Has SEN training

Philippines



PERSONAL INFORMATION

- Nationality: Filipino
- Date of Birth: 1982
- Current Location: Dubai Marina, UAE (own visa)
- Marital Status: Single
- Children: Mother of 3; children currently residing with their grandmother in the Philippines
- Availability: ASAP
- Bad Habits: None

Education

Teacher training for children of special needs
Applied behavior Analysis, certificate
College: Asia E University, Kuala Lumpur Malaysia
Course: Nursing Care, qualified Nursing Assistant

January 2026

January 2026

2016

Work experience

Part-time nanny

Dubai, UAE

January 2026 - present

Full-Time Nanny, Housekeeper | Private Household

(Placed by English Nanny Agency) Dubai, UAE |

September 2024 – February 2025

- Provided attentive care for three children aged 6, 7, and 8, supporting their daily routines and emotional wellbeing
- Performed general housekeeping duties to maintain a clean, organized, and child-friendly home environment
- Ensured consistency in routines, including school preparation, meals, hygiene, and bedtime
- Communicated regularly with parents to align on care expectations and child development
- Reason for leaving: Family relocated to Russia; preferred to remain in Dubai for future opportunities

Family Assistant / Nanny

Private Household

Dubai, United Arab Emirates |

August 2022 – 2024

- Supported the family's daily needs with professionalism, discretion, and a positive attitude
- Provided attentive childcare, including bathing, grooming, dressing, toileting, and physical activity
- Prepared nutritious meals and snacks for the children and assisted with feeding routines
- Maintained household cleanliness and hygiene through regular cleaning and sanitation
- Ensured a safe, organized, and welcoming home environment by handling day-to-day household maintenance

Maternity Nanny | Private Household**Russia |****November 2019 – 2021**

- Provided full-time care for newborn babies, ensuring their safety, comfort, and development
- Assisted with daily hygiene routines, including bathing, grooming, diaper changes, and dressing
- Supported physical development through gentle infant exercises and tummy time
- Prepared and fed baby formula, administered vitamins, and followed feeding schedules
- Monitored baby's health and wellbeing, reporting any concerns to parents promptly

Nanny, housekeeper | Private Household**Malaysia |****2016–2019**

- Provided daily care for one child, including school drop-off and pick-up
- Maintained cleanliness and organization of the child's bedroom and playpen
- Assisted with personal hygiene routines such as bathing, grooming, dressing, and toileting
- Supported the child's physical health through supervised play and basic exercise
- Prepared and served daily meals, ensuring proper nutrition and mealtime routines

Nanny | Private Household**Hong Kong |****2014–2015**

- Cared for two children, aged 2 and 5, ensuring their safety, comfort, and development
- Prepared and served nutritious meals and snacks according to dietary needs
- Organized and led age-appropriate activities to promote learning and creativity
- Took children on regular outings to the park and playground for physical exercise and social interaction
- Fostered emotional wellbeing through interactive play, reading, and positive reinforcement
- Maintained cleanliness and organization of children's playroom, toys, and personal items

Caregiver | Private Household**Singapore |****2011 – 2012**

- Provided full-time care for an elderly individual, ensuring comfort, safety, and companionship
- Assisted with meal preparation, serving, and support during mealtimes
- Administered oral and topical medications as prescribed by a healthcare professional
- Maintained accurate records of treatments and daily routines
- Promoted emotional wellbeing through companionship, conversation, reading, and gentle activities
- Worked in coordination with healthcare professionals to follow a tailored care plan

PreSchool Teacher's Assistant,**Daycare Center Philippines****2003-2009****Caregiver****Singapore****2000-2002**

Looked after the elderly, made sure their needs were met.

Additional information

English — Fluent