

Dalene

South African nanny&governess

bubbly and warm personality

interested in long-term positions

Video Presentation ↓

<https://englishnanny.org/~WfgkC>



Personal Information

Birthdate	1985
Zodiac sign	Pisces
Nationality	— South Africa
Marital status, own children	Single, has children (Dalene's parents are looking after them)
Place of Birth	South Africa
Location	South Africa
About myself	Enthusiastic and professional individual with more than 22 years' work experience, during which time I have been privileged enough to work throughout a wide range of industries from hospitality to healthcare, child-care and education. I am flexible enough to handle the most demanding of situations. The experience I have gained working within these various industries has also enabled me to boast solid leadership skills; a talent prized within busy environments. I am a hospitable presentable and hardworking team player who possesses a high standard of personal appearance and hygiene. Constantly working hard to ensure the people I have a memorable experience by having an outgoing, polite and professional attitude towards all patrons. Keen to find a challenging position with a reputable employer where I can offer my experience and abilities.

Education

- 2024	Au Pair Course, Little Sunshines
- 2024	Infant, baby & toddler course, Little Sunshines
- 2011	SAOA Optometric Assistant Training Program,
2003 - 2005	DCC Diploma; Hotel Management, Damelin College, South Africa,

Working experience

August 2025 - March 2026

Full-time Nanny/Governess to a 4-month-old baby in Dubai

My role includes

Delivered exceptional, sole-charge care for an infant, maintaining the highest standards of safety, discretion, and professionalism within a private household.

Established and followed a structured routine, including feeding schedules, sleep training, and developmental activities aligned with early childhood milestones.

Prepared and sterilised bottles, managed feeding transitions, and maintained detailed records of feeding, sleep patterns, and developmental progress.

Implemented age-appropriate stimulation such as sensory play, tummy time, and early learning activities to support cognitive and physical development.

Demonstrated a strong understanding of infant care, including sleep conditioning techniques and responsive caregiving approaches.

Ensured a pristine nursery environment, including organisation of clothing, toys, and baby equipment to a high standard. Maintained open, professional communication with parents, providing daily updates and supporting a consistent caregiving approach. Upheld complete confidentiality and respect for family privacy at all times.

The family relocated.

January 2022 - 2025

Full-time nanny& Governess

Private Family, Dubai, UAE & Cairo, Egypt

My role includes

Provided comprehensive childcare for two children, starting from infancy (1 and 3 years old) through early childhood (5 and 7 years old).

Managed daily routines including preparing nutritious school lunches and organizing schedules.

Assisted with homework and educational development

Planned and executed a variety of fun and educational activities, crafts, and games to engage children creatively and intellectually.

Coordinated children to extracurricular activities and playdates safely and punctually.

Prepared family dinners and assisted with smaller household administrative tasks to support smooth daily operations.

Demonstrated exceptional patience, kindness, and nurturing, becoming a trusted and integral part of the family.

Adapted successfully to relocation, moving with the family from Dubai to Cairo, maintaining consistent quality of care through the transition.

Reason for leaving

Family relocated and can't offer the same role

April - December 2021

UAE, Abu Dhabi

Nanny

VIP Emirati Family

My role includes

Full nursery duties

Light housekeeping duties (when the child rests)
Educational activities and crafts.
School runs
Tailor activities to the child's interests, developmental abilities, and personality as well as communicate effectively with both the girl and the parents.
Creating a safe and stimulating environment for the child

November 2020 - April 2021

UAE, Dubai

Nanny

Egyptian/ Russian Family

My role includes

2 years and 3 years old (one is autistic)
Full nursery duties
Light housekeeping duties (when the children rest)
Preparing healthy meals for the children
Educational activities and crafts.
Tailor activities to each child's interests, developmental abilities, and personality as well as communicate effectively with both the children and the parents.
Creating a safe and stimulating environment for the children
Bathing and dressing
One older child is autistic so needs extra education help with learning his numbers and alphabet/ colours.

Reason for leaving

extreme working hours (Nanny full time live-in 16 hours a day/6 days)

February 2019 - February 2020

China

Assistant Teacher

Child Education Training Centre

My role includes

Design lesson plans for students covering English language – reading / writing.
Prepare course material provided by learning center.
Assisting children aged 2 years – 16 years old with the basic understanding of the English language.
Creatively working with each child and each age group to learn and understand Oxford reading materials.
Engaging with younger kids through fine motor skills activities.
Reporting to management and meeting with parents to discuss progress of each child.

January 2017 - January 2019

South Africa, Durban

Nanny

Private family

My role includes

Responsible for taking care of their two daughters aged 18 months and 5 years old.
Wake up with the girls in the mornings, get them ready for school, and prepare their breakfasts and lunchboxes.
Accompany the family driver to and from nursery and school making sure the girls are taken to their respective classes in the mornings and afternoons along with other activities after school.
Tidy up kid areas / bedrooms / prepare after school snacks / dinner.
Engage with afterschool homework and educational activities in the afternoon / sensory play / reading / further development of fine motor skills.
Accompany girls to the park / beach walks when appropriate.
Prepare girls for bath time; engage during bath time, set up for dinner when parents are not home.
Prepare girls for bed-time early evening / read story and sing nursery rhymes.

Additional information

Personal characteristics

Responsible, punctual, reliable, creative, active, positive, experienced, loyal, patient, easygoing, bubbly

Key skills

Understanding and experience with many age groups. A positive role model. Ability to adapt to all kind of situations quickly. Ability to work using your own initiative, taking on extra responsibility. Excellent communication and people skills at all levels. Toddler experience. Special needs experience. Russian family experience. High profile family experience

English

Native

Afrikaans

C1 - Advanced

ID

3146

Excellent references available on request