

# Athena

## Tutor / governess

France



### Personal information

**Date of birth:** 05/1993

**Nationality:** French

**Marital status, own children:** Single, has no children

**Where were born and raised:** France

**Current location:** South France, La Seyne-sur-Mer

**Driving license:** no, but currently studying

**No smoker, no allergies**

**About yourself:** *I am a French nanny who speaks English. I have been working with children aged between 3 and 15 since 2016. I am used to teaching them languages through games and activities. I am an easygoing person, I am very patient and I love being surrounded by children. I love music (I sing, dance and write), nature (big animal lover), travels and discovering new cultures. I have shared and sole charge experience. I have plenty ideas to entertain children (thanks to my youth worker qualification). I have experience as summer nanny, I ve worked with different families and age groups. I've worked with children aged between 2 and 15 (it was full time and I had to take all childcare related duties), I am a sea and outdoors activities lover.*

*My experience is varied since I've worked as an activity leader looking after a lot of children at the same time and you need to have plenty of ideas. I have also been an aupair in London and looked after 3, 10 and 12 years old children I speak fluent English, so can be a bilingual governess, teaching both English and French through everyday talks and activities.*

### Education

**Feb 2022:** First aid certificate

**June 2021:** Skill certification «Devise and host a training course through active teaching»

**2015:** Youth worker qualification (BAFA)

**2012 – 2015:** Université Sud La Garde, Toulon, France

English degree

**2010 – 2012:** Lycée Beaussier, La Seyne Mer

Baccalaureate, literature studies

### Experience

**October 2024 – December 2024: Bilingual rota nanny in Monaco**

I have worked with a one and a half years old girl in Monaco 24 hours on a two weeks on/off schedule.

Taught languages (French for this family) through games and activities such as music and arts and crafts

Developed and implemented age-appropriate activities to engage the child and stimulate physical, mental and emotional development

Utilized positive reinforcement techniques to encourage the child to develop new skills and build self-esteem

**February 2024 – April 2024: Governess for three children in Luxembourg**

Governess in Luxembourg looking after three children aged 5, 7 and 10.

After school duties: pick up children from school and take them to activities

Homework support and evening routine (bathing, cooking and some light housekeeping duties)

Travels with the family

Promoting language development skills through games, activities, reading, Storytelling and Role Play Indoors and outdoors activities (group games based on the development of selfconfidence and team spirit, board games, sports, musical games...)

**November 2023 – January 2024: Activity leader. Le Beausset, France**

Bilingual activity leader in the South of France during extracurricular times

Work with children aged between 3 to 15

Implementation of children's play activities following a pedagogical project

Teaching of English through games and activities (Theater, games, flashcards, music, arts and crafts...)

**August – November 2023: Live in nanny in Abu Dhabi**

Looking after a 2 year old boy and helped with his 5month old brother

Creating a safe and fun and secure environment

Organising activities that enhanced children's physical,emotional and social well being

Travel with the family

Making healthy Snacks and meals for the child

Promoting language development skills through games, activities, reading, story telling and role play

Take the child to his activities and participate

Indoors and outdoors activities (arts and crafts, sport, music)

Preparing the child for bedtime routine

Changing nappies

Prepare his bag

**May – July 2023: Nanny, Eze and Cap d'ail**

Looking after four children aged between 3 and 10.

It was a mixture of sole and shared care position.

I had to pick up children from school with the driver and bring the children back to the villa.

I played with them indoors and outdoors activities such as swimming, arts and crafts, board games, take them to kids clubs and I helped for the night routine, homework, putting children to bed and read stories

I also spent some time on a yacht with them ensuring their safety and that the kids had fun

**January 2023: Temporary nanny, emergency replacement, Paris**

Looking after a 5 year old boy, sole care position

I had to pick him up from school, give him his snack and play with him (cards, singing, dancing) and cook for him

I had to take him to his afternoon activities and ensure his safety and do some light child-related housekeeping duties

**Aug 2022: Summer nanny on a yacht, Monaco, Corsica, Italy**

- 4 children: 2 boys aged 4 and 8, 2 girls aged 7 and 11
- Being in sole care of the children and sometimes being in share charge of the children when the parents wanted to spend time with them
- Engaging the children in creative and adventurous activities outside and inside the boat
- Teaching French through games and activities (story time, flashcards, songs, memory games, theater)
- Accompany parents and children to town and ensure their safety
- Playing and swimming with the children
- Ensure essentials are packed for each outing as needed such as hat, sunscreen, snacks and spare clothes
- Bathing and putting the children

**Jul 2022: Summer nanny, private household, France**

- 4 children: 7 months old girl, 4 years old, 7 years old and 9 years old boys
- Organizing daily routines, childcare
- Bathing and putting the children to bed, following a good sleep routine
- Cooking for the children when required
- Engaging the children in creative and adventurous activities outside and inside
- Ensure essentials are packed for each outing as needed such as hat, sunscreen, wipes, disinfectant, snacks and spare clothes
  
- Swimming, playing with the children
- Worked every day around 9 hours with flexibility for babysitting at nights

**Sep 2019 – Aug 2021: Teaching bilingual assistant – European school, Courbevoie**

- Teaching English to children of a school age
- Preparing lesson plans
- Having workshops on teaching, using various methods

**2015 – 2021: Part-time nanny / babysitter, France**

- Occasionally babysat children of various ages
- Helped with homework, development
- Playing with children, doing arts and crafts

**2015 – 2021: Activity leader, part-time, Paris**

- Teaching English language to children aged from 4 to 15 through games and activities
- Preparing lesson plans, activities for children
- Organizing discussions, motivation children to practice English during classes

**Jan – May 2018: Intern in a translation agency, Cinekita Puteaux**

- Translation from English into French

**2016 – 2017: Au Pair in London**

- Childcare with children aged between 3 and 10 years old
- Feeding, changing clothes, sleeping routine with the younger girl
- Child development, games, walks
- Taking the older girl to school and meeting her from school

## Additional information

**French – native**  
**English - fluent**



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