

Nadia

Nanny, Governess, English Tutor



Personal Information

Birthdate	1992
Zodiac sign	Aries
Nationality	– Portugal
Residence permit and date	28612
Marital status, own children	Single, no children
Place of Birth	Portugal
Location	UK, London
Driving License	No
Have a car	No
Sports	– Outdoor activities
Areas of interests	– Healthy lifestyle
About myself	<p>I am a warm, discreet, and highly adaptable educational professional with over several years' of continuous experience supporting families in private households across the UK and internationally. My expertise spans early years development, complex SEND education, and high-level family support — combining the roles of nanny, educator, and SEND consultant.</p> <p>I specialise in designing nurturing, structured, and stimulating home environments where children from infancy to early adolescence can thrive emotionally, socially, and academically. Whether supporting babies with their routines, toddlers with their milestones, or older children with personalised learning, I bring a holistic and thoughtful approach tailored to each family's values, cultural context, and child's unique needs.</p> <p>Adept at managing 10+ hour days, coordinating with multidisciplinary teams, and supporting children through international travel, I am reliable, emotionally intelligent, and experienced in high-profile and high-demand households.</p>

Education

-	BA ANTHROPOLOGY (EQF LEVEL 6), , HIGHER INSTITUTE FOR SOCIAL SCIENCES AND POLICIES – PORTUGUESE UNIVERSITY, Portugal
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- 2018	MA CRIMINOLOGY, , UNIVERSITY OF BEDFORDSHIRE,
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Certificates

Other Certificates	<p>FIRST AID AT WORK (QNUK, LEVEL 3 AWARD)</p> <p>POSITIVE BEHAVIOUR MANAGEMENT (LEVEL 2 CPD AWARD), TEAM TEACH HLTA COURSE (LEVEL 4 CPD AWARD).</p> <p>EYFS TEACHING DIPLOMA (LEVEL 5 AWARD).</p> <p>PRIMARY TEACHING DIPLOMA (LEVEL 3 AWARD).</p> <p>SENCO - SPECIAL EDUCATIONAL NEEDS COORDINATION LEVEL 5 (QLS ACCREDITED).</p> <p>PAEDIATRIC FIRST AID & CPR TRAINING (QLS ACCREDITED).</p> <p>SEN TEACHING LEVEL 7 (QLS ACCREDITED).</p> <p>COUNSELLING CHILDREN & SUPPORTING THEIR WELLBEING</p> <p>BLENDED PAEDIATRIC FIRST AID.</p> <p>FUNDAMENTALS OF PEDAGOGY IN MONTESSORI EDUCATION.</p>
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Working experience

March - March 2026

South Korea

Nanny to 2 children: 5 years old Girl and 12 months Girl

HNW Family

My role includes	<p>Engaged to support the family’s international relocation to South Korea, ensuring continuity of care and educational structure;</p> <p>Provided dedicated one-to-one educational and pastoral support for a child with ASD, with a focus on routine establishment, emotional regulation, and developmental progression;</p> <p>Implemented structured daily programmes to support environmental transition and readiness for specialist school placement;</p> <p>Designed and delivered targeted, play-based interventions to support communication, social development, and independence;</p> <p>Held full charge of the 12-month-old sibling, overseeing all aspects of care, including feeding, sleep conditioning, hygiene, and early developmental stimulation;</p> <p>Maintained a calm, well-regulated environment, ensuring consistency, stability, and a high standard of care throughout the transition period.</p>
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Reason for leaving	Temporary job
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January - March 2026

Denmark, Copenhagen.

Nanny to one child: 18 months Boy

HNW Family

My role includes	<p>Provided part-time, in-home care and early years education for a toddler;</p> <p>Supported early developmental milestones through a structured, EYFS-aligned approach;</p> <p>Planned and delivered structured, developmentally appropriate activities, including sensory play and early language acquisition;</p> <p>Managed key aspects of the child's daily routine, including meals, naps, hygiene, and outdoor activities;</p> <p>Encouraged positive behaviour, independence, and social development through gentle</p>
Reason for leaving	Ongoing when in Copenhagen

September - December 2025

UK, London. UAE, Dubai.

Nanny to 2 children: 5 years old Boy and 2 years old Girl

HNW Family

My role includes	<p>Provided full-time, in-home care and education for the boy with complex SEND needs (ADHD);</p> <p>Provided six/seven-day-a-week, 24-hour-a-day care and supervision;</p> <p>Designed and delivered structured educational programmes (English, Maths, and physical development);</p> <p>Oversaw the full daily schedule, including routines, structured learning, therapies, outdoor activities, and emotional regulation;</p>
Reason for leaving	Temporary job

December 2024 - August 2025

UK, London.

Governess to 3 children: 2 years old Girl, 3 years old Boy and 3 years old Girl

Families

My role includes	<p>Occasional weekend nanny services: provide childcare for students from three different families.</p> <p>Lead the design and implementation of a high-quality, evidence-informed early years curriculum aligned with the EYFS framework, promoting holistic development from infancy through early childhood.</p> <p>Create and maintain a dynamic, inclusive, and safe learning environment that nurtures curiosity, independence, creativity, and wellbeing in babies, toddlers, and young children.</p> <p>Provide expert care and developmentally appropriate activities tailored to the unique needs of infants and toddlers, supporting sensory, motor, language, and social skills growth.</p>
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August - December 2024

UK, London.

Governess to 2 children: 14 years old Girl and 4 years old Boy

Family

My role includes

Provided full-time, in-home care and education for two children with complex SEND needs (ASD, ADHD, PDA), working directly in the families' homes 12 hours per day (8am–8pm).

Designed and delivered daily educational sessions (English, Maths, Science, History, Art) aligned with EHCPs and personalised to each child's needs and abilities.

Supported the entire daily routine, including wake-up, meals, hygiene, structured learning, therapies, outdoor activities, emotional regulation, and bedtime prep.

Embedded life skills development into the daily schedule, fostering independence in areas like personal care, household tasks, social interaction, and communication.

August 2023 - August 2024

UK, London.

Governess to one child: 10 years Girl

Family

My role includes

Provided full-time, in-home care and education for two children with complex SEND needs (ASD, ADHD, PDA), working directly in the families' homes 12 hours per day (8am–8pm).

Designed and delivered daily educational sessions (English, Maths, Science, History, Art) aligned with EHCPs and personalised to each child's needs and abilities.

Supported the entire daily routine, including wake-up, meals, hygiene, structured learning, therapies, outdoor activities, emotional regulation, and bedtime prep.

Embedded life skills development into the daily schedule, fostering independence in areas like personal care, household tasks, social interaction, and communication.

July 2022 - August 2023

UK, London.

Governess to 2 children: 17 years Boy and 18 months Girl

Family

My role includes

Provided full-day, in-home education and comprehensive care from 8am to 9pm for a child with complex SEND, combining roles of teacher, SENCO, personal assistant, and nanny in a live-in/live-out capacity.

Delivered tailored lessons across core subjects (English, Maths, Science, History) aligned with the student's educational goals and needs.

Developed and managed a personalized curriculum and structured daily schedule, integrating academic learning, therapies, and life skills.

Organized and accompanied family travel between the UK and USA, including support during birthday trips and other special occasions.

Designed and implemented individualized life skills training programs to enhance independence and practical daily living abilities.

Occasionally continue to provide support to the family during their summer holidays in London

September 2021 - July 2022

UK, London.

Tutor/Teacher

LITTLE ILFORD SCHOOL

My role includes

Deliver engaging lessons in core subjects, including English, Maths, Science, History, and Art;

Developed and implemented individualized life skills training;

Supervised and supported a team of SEND Teacher Assistants, ensuring effective classroom management and personalized support for each student.

September 2020 - September 2021

Tutor/Teacher

Private lessons

My role includes

Provided online language tutoring in English, Portuguese, and Spanish to adults with SEND, tailoring lessons to meet individual learning goals and needs.

January 2020 - September 2021

UK, London.

Tutor/Teacher

ILFORD SCHOOL

My role includes

Supported the education and welfare of students under the direction of the class teacher and the school SENCO, ensuring a positive and inclusive learning environment

Reason for leaving

Temporary job

Health

Smoker	No
Epileptic	No
Diabetic	No
Colour blind	No
Dyslexic	No
Vegetarian	No
Have you had a medical exam within the last 6 months?	Yes
Allergies	No

Additional information

Portuguese	Native
English	C2 - Fluent
Spanish	B1 - Intermediate
Personal characteristics	Responsible, punctual, reliable, creative, active, positive, qualified, experienced, loyal, patient, easygoing, bubbly
Key skills	A positive role model. Ability to adapt to all kind of situations quickly. Ability to work under pressure or stressful conditions. Ability to work using your own initiative, taking on extra responsibility. Excellent communication and people skills at all levels. High profile family experience
Are you ready to take a polygraph if it's required by employer?	Yes
ID	28612

Excellent references available on request