

## Nadia

Nanny, Governess, English, Portuguese and Spanish Tutor



### Personal Information

Birthdate	1992
Zodiac sign	Aries
Nationality	– Portugal
Marital status, own children	Single, no children
Place of Birth	Portugal
Location	UK, London
Driving License	No
Have a car	No
Sports	– Outdoor activities
Areas of interests	– Healthy lifestyle
About myself	<p>I am a warm, discreet, and highly adaptable educational professional with over several years' of continuous experience supporting families in private households across the UK and internationally. My expertise spans early years development, complex SEND education, and high-level family support — combining the roles of nanny, educator, and SEND consultant.</p> <p>I specialise in designing nurturing, structured, and stimulating home environments where children from infancy to early adolescence can thrive emotionally, socially, and academically. Whether supporting babies with their routines, toddlers with their milestones, or older children with personalised learning, I bring a holistic and thoughtful approach tailored to each family's values, cultural context, and child's unique needs.</p> <p>Adept at managing 10+ hour days, coordinating with multidisciplinary teams, and supporting children through international travel, I am reliable, emotionally intelligent, and experienced in high-profile and high-demand households.</p>

### Education

-	BA ANTHROPOLOGY (EQF LEVEL 6), HIGHER INSTITUTE FOR SOCIAL SCIENCES AND POLICIES – PORTUGUESE UNIVERSITY, Portugal
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- 2018	MA CRIMINOLOGY, UNIVERSITY OF BEDFORDSHIRE,
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## Certificates

Other Certificates	<p>FIRST AID AT WORK (QNUK, LEVEL 3 AWARD)</p> <p>POSITIVE BEHAVIOUR MANAGEMENT (LEVEL 2 CPD AWARD), TEAM TEACH HLTA COURSE (LEVEL 4 CPD AWARD).</p> <p>EYFS TEACHING DIPLOMA (LEVEL 5 AWARD).</p> <p>PRIMARY TEACHING DIPLOMA (LEVEL 3 AWARD).</p> <p>SENCO - SPECIAL EDUCATIONAL NEEDS COORDINATION LEVEL 5 (QLS ACCREDITED).</p> <p>PAEDIATRIC FIRST AID &amp; CPR TRAINING (QLS ACCREDITED).</p> <p>SEN TEACHING LEVEL 7 (QLS ACCREDITED).</p> <p>COUNSELLING CHILDREN &amp; SUPPORTING THEIR WELLBEING</p> <p>BLENDED PAEDIATRIC FIRST AID.</p> <p>FUNDAMENTALS OF PEDAGOGY IN MONTESSORI EDUCATION.</p>
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## Working experience

**December 2024 - August 2025**

**UK, London**

**Governess to 3 children: 2 years old Girl, 3 years old Boy and 3 years old Girl**

### Families

My role includes	<p>Occasional weekend nanny services: provide childcare for students from three different families.</p> <p>Lead the design and implementation of a high-quality, evidence-informed early years curriculum aligned with the EYFS framework, promoting holistic development from infancy through early childhood.</p> <p>Create and maintain a dynamic, inclusive, and safe learning environment that nurtures curiosity, independence, creativity, and wellbeing in babies, toddlers, and young children.</p> <p>Provide expert care and developmentally appropriate activities tailored to the unique needs of infants and toddlers, supporting sensory, motor, language, and social skills growth.</p>
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**August - December 2024**

**UK, London**

**Governess to 2 children: 14 years old Girl and 4 years old Boy**

### Family

My role includes	<p>Provided full-time, in-home care and education for two children with complex SEND needs (ASD, ADHD, PDA), working directly in the families' homes 12 hours per day (8am–8pm).</p>
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Designed and delivered daily educational sessions (English, Maths, Science, History, Art) aligned with EHCPs and personalised to each child's needs and abilities.

Supported the entire daily routine, including wake-up, meals, hygiene, structured learning, therapies, outdoor activities, emotional regulation, and bedtime prep.

Embedded life skills development into the daily schedule, fostering independence in areas like personal care, household tasks, social interaction, and communication.

## August 2023 - August 2024

UK, London

Governess to one child: 10 years Girl

### Family

My role includes

Provided full-time, in-home care and education for two children with complex SEND needs (ASD, ADHD, PDA), working directly in the families' homes 12 hours per day (8am–8pm).

Designed and delivered daily educational sessions (English, Maths, Science, History, Art) aligned with EHCPs and personalised to each child's needs and abilities.

Supported the entire daily routine, including wake-up, meals, hygiene, structured learning, therapies, outdoor activities, emotional regulation, and bedtime prep.

Embedded life skills development into the daily schedule, fostering independence in areas like personal care, household tasks, social interaction, and communication.

## July 2022 - August 2023

UK, London

Governess to 2 children: 17 years Boy and 18 months Girl

### Family

My role includes

Provided full-day, in-home education and comprehensive care from 8am to 9pm for a child with complex SEND, combining roles of teacher, SENCO, personal assistant, and nanny in a live-in/live-out capacity.

Delivered tailored lessons across core subjects (English, Maths, Science, History) aligned with the student's educational goals and needs.

Developed and managed a personalized curriculum and structured daily schedule, integrating academic learning, therapies, and life skills.

Organized and accompanied family travel between the UK and USA, including support during birthday trips and other special occasions.

Designed and implemented individualized life skills training programs to enhance independence and practical daily living abilities.

Occasionally continue to provide support to the family during their summer holidays in London

## September 2021 - July 2022

UK, London

Tutor

### LITTLE ILFORD SCHOOL

My role includes	<p>Deliver engaging lessons in core subjects, including English, Maths, Science, History, and Art;</p> <p>Developed and implemented individualized life skills training;</p> <p>Supervised and supported a team of SEND Teacher Assistants, ensuring effective classroom management and personalized support for each student.</p>
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## September 2020 - September 2021

Tutor

Private lessons

My role includes	<p>Provided online language tutoring in English, Portuguese, and Spanish to adults with SEND, tailoring lessons to meet individual learning goals and needs.</p>
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## January 2020 - September 2021

UK, London

Tutor

### ILFORD SCHOOL

My role includes	<p>Supported the education and welfare of students under the direction of the class teacher and the school SENCO, ensuring a positive and inclusive learning environment</p>
Reason for leaving	<p>Temporary job</p>

## Health

Smoker	No
Epileptic	No
Diabetic	No
Colour blind	No
Dyslexic	No
Vegetarian	No
Have you had a medical exam within the last 6 months?	Yes

Allergies	No
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## Additional information

Personal characteristics	Responsible, punctual, reliable, creative, active, positive, qualified, experienced, loyal, patient, easygoing, bubbly
Key skills	A positive role model. Ability to adapt to all kind of situations quickly. Ability to work under pressure or stressful conditions. Ability to work using your own initiative, taking on extra responsibility. Excellent communication and people skills at all levels. High profile family experience
Portuguese	Native
English	C2 - Fluent
Spanish	B1 - Intermediate
ID	28612

**Excellent references available on request**